

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bough at a price. Therefore honor God with your bodies.

I Corinthians 6:19-20

"God designed sex to be the dessert not the appetizer. If you keep serving your body up as an appetizer, no one is sticking around for the main course."

Andy Stanley

Notes:		



Resources:

Men:

- Book for men: "Every Man's Battle" http://amzn.to/292Qd8t
- Celebrate Recovery Men's Sexual Addiction Group
- Online Support and articles: https://www.xxxchurch.com/start-here

Women:

- Book for women: No Stones" http://amzn.to/29hNIMe
- And an article: http://www.pureintimacy.org/h/help-for-female-sex-addicts/
- Celebrate Recovery Hurts Habits and Hangups Open Share Group
- Online Support and articles: https://www.xxxchurch.com/start-here/im-a-woman-who-struggles-with-porn

Both:

- Celebrate Recovery find freedom from your hurt, habit or hangup.
- If you struggle with this or know someone else talk with an expert:

Dr Don & Janice Robins Life Ministries

Phone: 414-477-8087

Email: drdonrobins@yahoo.com

- Bible Reading Plan for Sexual Integrity https://www.bible.com/reading-plans/131-sex
- Accountability Software: http://www.covenanteyes.com/
- Online Resources: https://www.xxxchurch.com/start-here
- Porn addiction is one of the most difficult addictions to overcome, but XXXchurch is your resource online for pornography addiction help.
- We prevail over sex and porn addiction through awareness, prevention, and recovery.

These resources can also be found online at: theridgecc.com/strangerthanfiction







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