



Devotional | Week 4, Day 3

You say, “I am allowed to do anything” —but not everything is good for you. And even though “I am allowed to do anything,” I must not become a slave to anything. You say, “Food was made for the stomach, and the stomach for food.” (This is true, though someday God will do away with both of them.) But you can’t say that our bodies were made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies. And God will raise us from the dead by his power, just as he raised our Lord from the dead.

1 Corinthians 6:12-14

At The Ridge, our mission is to help people find and follow Jesus. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

FIND:

You have free will, but what are you doing that isn’t good for you?

FOLLOW:

Reach out to someone you know who is controlled by something harmful (e.g. anger, addiction, lust, greed, etc.). Offer God’s encouragement.