



Day 14. CONTENTMENT

1 Thessalonians 5:16-18: Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Question: How does finding things to be thankful for, even in bad circumstances, lead to contentment?

Prayer Example: Lord, please grow these characteristics in my heart and these habits in my life. Help me to be known for rejoicing, praying, and giving thanks. May I learn that the secret to contentment comes from expressing my thankfulness to You regardless of what life throws at me. When life feels out of balance and unfair help me to apply this. When life is good and I feel blessed, help me to give credit to You and not to myself. Lord, may my character be marked by contentment.