

## Day 1. FOCUS

(NOTE: as you begin this 21 Days of Prayer we encourage you to fast. Please use our guide to fasting that goes along with this to help guide you in selecting a type of fast that will work best for you).

Colossians 3:2: Set your minds on things above, not on earthly things.

**Question:** How can you start focusing more on what matters most to God?

**Prayer Example:** Father, as I begin this New Year 2020, I pray to be focused more on You and Your will for my life. I ask for wisdom to make changes that need to be made to align my life more with Your will. I ask for courage to continually place You at the center of my life and relationships and to pursue Your will over my own. Help me to focus more on what matters most to You!