



## Putting Your Foot in Your Mouth Series Devotional Week 1 | Day 2

Fools' words get them into constant quarrels;  
they are asking for a beating.

The mouths of fools are their ruin;  
they trap themselves with their lips.

Rumors are dainty morsels  
that sink deep into one's heart.

A lazy person is as bad as  
someone who destroys things.

The name of the LORD is a strong fortress;  
the godly run to him and are safe.

**Proverbs 18:6-10**

At The Ridge, our mission is to help people find and follow Jesus. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

### **FIND:**

How has quarreling and spreading rumors caused you trouble?

### **FOLLOW:**

When have you said something you later regretted? Do you need to make amends to that person?