



PRAYING INTO EASTER

April 20

Focus for Today:

The day following Jesus' death is often called "Holy Saturday." This is a day of silence. One writer called it "the day of God's solitude." Today, spend some time in silence with God. You may want to consider [fasting](#) today in some manner, (this could be a partial fast such as skipping one meal to focus more on God or fasting all food, all day, or fasting particular habits for the day, whichever direction you choose use the time you would take doing these other things to spend with Jesus).

Daily Scripture:

Luke 23:56: Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment.

1 Peter 1:18-19: For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your ancestors, but with the precious blood of Christ, a lamb without blemish or defect.

Prayer Example:

Father, I seek You and Your presence today. Thank You again for Jesus' sacrifice for my sins. As I consider fasting today, I pray that You will use this as a means to connect with You more fully. I sit in silence before You now, seeking You! (Spend 5 minutes in silence, push aside the tasks of the day and allow Jesus to be the center of your thoughts during this silence.)