



PRAYING INTO EASTER

April 3

Focus for Today:

Today our focus will be on worship expressed through a deeper longing for God. You may want to consider [fasting](#) today in some manner (this could be a partial fast such as skipping one meal to focus more on God or fasting all food, all day, or fasting particular habits for the day, whichever direction you choose use the time you would take doing these other things to spend with Jesus). As you fast throughout the day reflect on the things you generally long for in contrast with what increasing your longing for God could look like in your life. You may want to consider memorizing the verse for today and repeating it frequently throughout your day today as an act of worship.

Daily Scripture:

Psalm 42:1. As the deer longs for streams of water, so I long for you, O God.

Prayer Example:

Father, among the various longings and desires I have, I pray that my longing for You would be the greatest in my life! May the prayer of the Psalmist be my prayer today and everyday, "as the deer longs for streams of water, so I long for you, O God." As I contemplate ways to fast and set aside time to be in Your presence more intentionally, I pray that You change my longing for other things to more clearly reflect my souls longing for You.