



PRAYING INTO EASTER

March 25

Focus for Today:

Our focus today will be on how we can take a step forward in putting Philippians 4:6 into action. You can start by reflecting on things that are causing worry or anxiety in your life and acknowledging your need for God's help. It could be your financial situation or your achievement/performance at work or school...or perhaps your health or the health of a loved one or maybe uncertainty about the future?

Daily Scripture:

Philippians 4:6-7. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Prayer Example:

Father, I pause and come before you today acknowledging that there are things in my life, which sometimes cause me anxiety and worry. (Take some time to list some of these things out). There may even be times that these worries feel very heavy on me and possibly even hopeless. I recognize and acknowledge my need for You in the circumstances and things that cause me worry. Enable me to worry less and focus more on You throughout my day today.