A SERIES ABOUT SCIENCE AND FAITH

HIGH SCHOOL



WEEK ONE

GENESIS 1:1

Science and faith can exist in the same space.

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WEEK TWO

COLOSSIANS 1:15-17

You can trust Someone before you know everything.

WEEK THREE 1 CORINTHIANS 15:14

Build your faith on what matters most.



REMEMBER THIS:

He is before all things, and in him all things hold together.

COLOSSIANS 1:17 NIV



THINK ABOUT THIS:

Science and faith can feel like they're at odds with each other—especially in high school. In this phase, high schoolers might be hearing one thing in a class at school and something else at church that, on the surface, seem to contradict. That's why, in this series, we're defusing the tension students often feel—or are told they should feel—about having to choose between science and faith. Because the truth is, the more they learn about the way the world works, the more they'll learn about the One behind it all.

WORLDS APART

HIGH SCHOOL



DO THIS:



MORNING TIME

As your teenager heads off to school, try saying (or texting) something encouraging to them about who they are. Affirm a character trait or even a talent that they've been working on lately. Sometimes a kind word can be just the thing they need to fuel the day ahead!



MEAL TIME

During a meal this week, ask your student a question they have about science and faith. If they can't think of anything, share a question you have (or have had) about science and faith. Then, talk about a possible answer or two while you eat. Don't worry if you don't know the actual answer! Not knowing—and admitting that you don't know— reminds teenagers that it's okay to not to have all the answers all the time.



THEIR TIME

Be watching and listening for something your teen might be struggling with this week. Maybe it's an upcoming exam, friend drama at school, or trouble on their team. Remind them this week that you're there if they need someone to jump in and help them out at any time—whether that means helping them study or walking them through a tough situation they're facing.



BED TIME

Let your teenager know that you were thinking of them by leaving something on their bed that will remind them of a conversation you had this week. Maybe it's a ticket to see a movie they mentioned, a snack they said they've been craving, or even a picture from a family trip you took recently. Sometimes the smallest things can communicate that their voices are heard and valued.



