



WEEK ONE

PROVERBS 3:5-6

Wisdom now can help
you miss mistakes later.



WEEK TWO

PROVERBS 22:1

A good reputation is good for you
now and good for you later.



WEEK THREE

PROVERBS 14:23

The end you want tomorrow is
connected to what you do today.



WEEK FOUR

PROVERBS 19:11

Patient people know
there's more to the story.



WEEK FIVE

PROVERBS 15:1

If you want to be heard,
use gentle words.



**REMEMBER
THIS:**

Trust in the Lord with all your
heart and lean not on your
own understanding; in all your
ways submit to him, and he
will make your paths straight.

PROVERBS 3:5-6 NIV



THINK ABOUT THIS:

In the high school phase, teenagers
desire independence and the
ability to make decisions for
themselves. However, they're still
learning exactly what it looks like
to make good decisions and how
their choices today might impact
their tomorrow. That's why in this
series, we're talking all about the
importance of wisdom and how
God gives us wisdom to protect
us both now and in the future.

 DO THIS:**MORNING TIME**

Even if they don't act like it, your student craves your words of encouragement. Make a grab-and-go breakfast for your teen one morning this week and include a short note about the ways you've seen them make wise decisions this week. Let them know that you are proud of them and that you have confidence in their ability to navigate their week, even in those moments when they feel like they can't.

**MEAL TIME**

Your teen has the ability to build others up or tear them down with their words. At dinner, ask your kid about a few of their friends. Keep it light! (This isn't the time to comment on all their friends' shortcomings.) Ask them what their favorite thing is about each person. Be excited with them for the things they love about the people in their lives and encourage them to let each person know how much they appreciate their friendship.

**THEIR TIME**

Relational conflict is a normal but difficult part of life. Sometimes it's helpful to be reminded to take a step back before we respond out of anger toward someone. The next time your teen brings up conflict with a teacher or friend drama, let them know you are praying for them, and remind them that it can work to their benefit to bite their tongue and wait before reacting out of anger.

**BED TIME**

Teens are usually a little more open at night because their guard is lower and they tend to be exhausted from the day. This can be a great time to connect relationally without a ton of expectations. One night this week, take them their favorite snack to enjoy in bed and ask them what their highs and lows were of the day or week. Affirm both the highs and lows they're going through right now and thank them for sharing. (Remember: A few minutes of time together can go a long way!)